



Curriculum Vita

Seyedeh Melika Kharghani Moghadam

Personal Information:

Degree: Ph. D of Health education & Health Promotion

Professional Address: School of Public Health/ Iran University of Medical Sciences

Tel: +98-2188622640

Fax: +98-88622707

E-mail: m_kharghani@yahoo.com

Education:

- ❖ **Ph.D. in Health education & Health Promotion:** School of public health, Hamadan University of Medical Sciences, Hamadan, Iran. Thesis: Design, implementation and evaluation of health promoting hospital program in selected hospital of Hamadan University of Medical Sciences: Developing an interventional model.2013-2018

- ❖ **M. Sc. in Health education & Health Promotion:** School of public health, Tehran University of Medical Sciences, Tehran, Iran. Thesis: Effect of education based on

health belief model to prevent the arbitrary use of the drug in women Referring to Health Centers sabzevar city.2011-2013

- ❖ **B. Sc. in Public health.** School of public health, Tehran University of Medical Sciences, Tehran, Iran. Thesis: Predictors of Fruit Consumption Based on Structures of Theory of Planned Behavior in Dormitory Female Students of Tehran University of Medical Sciences 2007-2011.

Honors:

- 1- Top Student Researcher at the 17th Hamadan University of Medical Sciences / Technology Festival / Research Week 2016.
- 2- Member of the Talent Academy of Tehran University of Medical Sciences
- 3- Member of the National Elite Foundation

Publications:

Books:

- 1- To third-generation universities. Abedi K, Ebrahimi H, kharghani Moghadam M. Arshadan Publisher, 1st edition, 2017.
- 2- Health promoting of workplace. kharghani Moghadam M, Ebrahimi H. Fanavaran Publisher, 2017.

Published articles:

- 1- Seyed Mohammad Mahdi Hazavehei, Yadollah Hamidi, Akram Karimi-Shahanjarini, Mohamad Ali SeifRabiei, Maryam Farhadian, Shohreh Alimohamadi & Seyede Melika Kharghani Moghadam* (2019): The Status of Organisational Culture and Job Satisfaction in Hamadan Specialty Hospitals, Journal of Clinical and Diagnostic Research. 2019 Apr, Vol-13(4): IC01-IC04, DOI: 10.7860/JCDR/2019/38436.12784.

- 2- Yadollah Hamidi, Seyed Mohammad Mahdi Hazavehei, Akram Karimi-Shahanjarini, Mohamad Ali SeifRabiei, Maryam Farhadian, Shohreh Alimohamadi & Seyede Melika Kharghani Moghadam* (2019): Health promoting hospitals in Iran: A review of the current status, challenges and Future Prospects, Medical journal of the islamic republic of iran.
- 3- Yadollah Hamidi, Seyed Mohammad Mahdi Hazavehei, Akram Karimi-Shahanjarini, Mohamad Ali SeifRabiei, Maryam Farhadian, Shohreh Alimohamadi & Seyede Melika Kharghani Moghadam* (2017): Investigation of health promotion status in specialized hospitals associated with Hamadan University of Medical Sciences: health-promoting hospitals, Hospital Practice, DOI: 10.1080/21548331.2017.1400368.
- 4- Fatemeh Sarvi, Azam Nadali, Mahmoud Khodadost, Melika Kharghani Moghaddam, and Majid Sadeghifar(2017): Application of Poisson Hidden Markov Model to Predict Number of PM2.5 Exceedance Days in Tehran During 2016-2017, Avicenna J Environ Health Eng, DOI: 10.5812/ajehe.58031.
- 5- Seyed Mohammad Mahdi Hazavehei, Seyede Melika Kharghani Moghadam*, Fahimeh Bagheri Kholenjani, Hossein Ebrahimi(2018):The influence of educational interventions to reduce occupational stress: A systematic review, Journal of Health and Safety at Work Vol. 7; No. 4; Winter 2018.
- 6- Kharghani Moghadam S M,Shojaiezadeh D, Mahmoudi M, Shojaiezadeh E, Farhandi H, Khalili S. Effect of education based on health belief model to prevent the arbitrary use of the drug in women referring to Health Centers sabzevar city. J Health Syst Res 2013; Health Education supplement: 1876-1888.
- 7- Tahereh Dehdari, Melika Kharghani Moghadam, Tahereh Mansouri, Amal Saki, Survey of daily fruit consumption status among girl students who are living in dormitories and its predictors based on the theory of planned behavior constructs, Razi Journal of Medical Sciences, Vol. 20, No. 106, Mar-Apr 2013.
- 8- Khalili S, Shojaiezadeh D, Azam K, Kheirkhah Rahimabad K, Kharghani Moghadam M, Khazir Z. The Effectiveness of Education on the Health Beliefs and Practices Related to Breast Cancer Screening among Women Referred to Shahid Behtash Clinic, Lavizan Area, Tehran, Using Health Belief Model, healthjournal, 17 Nov 2013.
- 9- Moeini B, Taymoori P, Haji Maghsoudi S, Afshari M, Kharghani Moghaddam SM, Bagheri F, Moradi Kh, Zavar Chahar Tagh J. Analysis of Self-care behaviors and its related factors among diabetic patients.Qom Univ Med Sci J 2016;10(4):48-57.
- 10- Explaining the Views of Medical Staff in Transforming the Hospital into a Health Promoting Hospital: A Qualitative Study (2019), Seyed Mohammad Mahdi Hazavehei, Yadollah Hamidi,

Seyedeh Melika Kharghani Moghadam* & Akram Karimi-Shahanjarini, Hospital Practice, DOI: 10.1080/21548331.2019.1688501

11- Health Promotion Hospitals: Total Quality Management, journal of Health Promotion International. Yadollah Hamidi, Seyedeh Melika Kharghani Moghadam* , Seyed Mohammad Mahdi Hazavehei, Akram Karimi-Shahanjarini.

12- Investigating the relationship between Internet addiction and communication skills of dormitory girl students based on social support theory, journal of Health Promotion Perspectives

13- Study of sleep quality and its relation with educational status of iran university of medical sciences students, Kharghani Moghaddam SM, Alimohammadi I, Vosoughi Sh, Tabatabaei SH, Ghasemi R, Ahmadian M, et al. Archives of Occupational Health. 2019; 3(4): 468-73.

Congress Presentations:

- Investigating the Relationship between Social Health and its Indicators on the Quality of Life of Dormitory Students in Tehran University of Medical Sciences / Third National Conference on Social and Cultural Research in Iranian Society / Tehran, Eshraq Conference Hall (Iranian Sociological Association).2013(Lecture)
- Assessment of Fruit Consumption Daily in Female Students of Dormitory and its Determinants Based on Planned Behavior Theory Structures / 7th Conference of Health Sciences / Shahid Beheshti University of Medical Sciences.2012(Lecture)
- Evaluation of Environmental Impacts of PBBs and PBDEs Transmitted through Food Packaging with Attitudes on Reproductive Health of Women / 16th Iranian National Environmental Health Conference / Tabriz University of Medical Sciences.2011(Lecture)
- Factors Affecting Elderly Self-Care: A Qualitative Study / Second International Congress and 6th Iranian Congress on Health Education and Health Promotion / Kermanshah University of Medical Sciences (Poster presentation).
- Evaluation of Mental Health Status and Factors Affecting Students of Tehran University of Medical Sciences Entrance 91-90 / 7th Conference of Health Sciences / Shahid Beheshti University School of Health (Poster presentation).

- The Impact of Education Based on Health Belief Model to Prevent Self-medication in Sabzevar Women / Fifth National Congress on Health Education and Health Promotion / Imam Khomeini Conference Center (Poster presentation).
- Assessment and Study of Addiction Problem Among Iranian Students - Case Study / Fifth National Congress on Health Education and Health Promotion / Imam Khomeini Conference Center (Poster presentation).
- The Effectiveness of Education on Health Beliefs and Practice of Women Referred to Shahid Behtash Clinic in Louisiana Region for Breast Cancer Screening Methods Using Health Belief Model / Fifth National Congress of Health Education and Health Promotion / Imam Khomeini Conference Center University of Tehran (Poster presentation).
- Barriers and facilitators associated with colorectal cancer screening: a qualitative study / 7th National Congress on Health Education and Promotion / Imam Khomeini Conference Center, UP University of Tehran (Poster presentation).
- Ethics of Research in Iranian Health Sciences / Third National Conference on Social and Cultural Research in Iranian Society / Tehran, Eshraq Conference Hall (Iranian Sociological Association), (Poster presentation).
- The Impact of Educational Interventions on Nurses' Job Stress Reduction: A Systematic Review / Third International Congress and Eighth National Congress on Health Education and Promotion / AP Esfahan University, (Poster presentation).
- Relationship between internet addiction and communication skills of female students residing in dormitories of Hamadan University of Medical Sciences based on social

support theory / National Congress on Health Education and Promotion / UP Mashhad University, (Poster presentation).

Projects:

- The effect of personality traits on driving errors.
- Survey of Related Factors and Preventive Interventions for Injuries from Traffic Accidents Among Adolescents and Youth: A Structured Review Study.
- Investigating the Relationship between Internet Dependency and Communication Skills of Female Students Residing in Hamadan University of Medical Sciences Dormitories in 2016-2017 Based on Social Support Theory.
- Assessment of effective factors on oral hygiene of pregnant women referring to health centers of Hamadan based on health belief model.
- The effect of educational interventions on sexual health promotion of couples: A systematic review study.
- The effect of educational film using prototype model on decreasing internet dependency among students of Hamadan University of Medical Sciences.
- Understanding the Experiences of Patients Referred to the Behavioral Counseling Center on the Outcomes of Living with HIV: A Qualitative Study.
- Evaluation of Hamadan University of Medical Sciences Students Research Workshops from Students' Viewpoints in 2015.
- A Qualitative Study to Discover the Minds and Experiences Related to Rhinoplasty among Students of Hamadan University of Medical Sciences.
- A Qualitative Study to Identify the Problems of Elderly Drug Use in Hamadan Health Centers.

- Evaluation of health literacy and self-care behaviors of diabetic patients referring to Tuyserkan diabetes clinic.
- Assessment of the Damage Caused by the Fall in Elderly People 60-75 Years Referred to Hamadan Besat Hospital – 2014.
- The effect of educational intervention based on Health Belief Model on prevention of arbitrary use of drugs in women referred to health centers.
- Investigating the status of hijabs for girls and women in Hamadan city, using the theory of planned behavior.

Reviewer for Journals:

- journal of Health Promotion International
- journal of Nursing Open
- journal of Osong Public Health and Research Perspectives
- Razi Journal of Medical Sciences
- journal of Hayat, Tehran University of Medical Sciences

Reviewer for Congress:

- Referee of Scientific Committee ,11th Shahid Beheshti University of Medical Sciences / (Review of more than 100 articles in health education and health promotion) / Public Health.

Teaching:

- Technology applied in health education and health promotion (2). M.SC. Iran University of Medical Sciences.
- Medical Sociology. M.SC. Iran University of Medical Sciences.
- Adolescent and Youth Health. MPH. Iran University of Medical Sciences.
- Medical Information Systems. MSC. Iran University of Medical Sciences.
- Designing and holding workshops. M.SC. Iran University of Medical Sciences.

- Healthy lifestyle. M.SC. Iran University of Medical Sciences.
- National Program for the fight against non-communicable diseases and their epidemiology. BSC. Hamadan University of Medical Sciences.
- Internship in the field. BSC. Hamadan University of Medical Sciences.

Teaching (workshop):

- Your pioneer healthy lifestyle, Social and Cultural Deputy, Hamadan Province.
- Search databases. Student Research Center (Hamadan University of Medical Sciences).
- Formulation of an operational plan. Hamadan University of Medical Sciences

Executive activities:

1. Head of Health Education Unit, Imam Hassan Health Center, Shahid Beheshti University of Medical Sciences.
2. Head of Secretariat of the First National Student Conference on Social Factors Affecting Health 21 and 22 October 2010. Iran University of Medical Sciences.
3. Contributing to Scientific Lectures on Self-Care Orientation Health Week, Hamadan University of Medical Sciences School of Public Health. May 21, 2014.
4. Holding Citizen Culture Workshops on the Occasion of Health Week. Social, Cultural and Tourism Department of Hamadan Municipality, 2015.

Patents:

- Drop eyes to see and alert / pending